

MONTHLY MISSION

KEEPING SAFE ONLINE

WEEK ONE:

- Parent's Week
- Secure privacy on all your accounts
 - Set up desired parental controls
 - Learn about digital footprints - clean it up!
 - Review app permissions
 - Install a family-friendly security app
 - Set up alerts for suspicious activity
 - Set screentime limits for devices

Write your affirmations here

WEEK TWO

- Create a jar with fun activity ideas
- Invent and share hilarious fake news
- Make a poster with agreed device rules
- Enjoy a device-free evening together
- Watch an online safety clip together
- Create and play a 'passwords' game
- Share: Who do you chat with most online?

WEEK THREE

- Draw what "viral" might look like, then discuss
- Learn how to report spam - then do it!
- Get offline - go for a family walk
- Practice installing an update together
- Play an online game - set rules first
- Discuss what cyberbullying might look like
- Create a game about spotting spam

WEEK FOUR

- Play an online safety quiz, like Kahoot
 - Plan and enjoy a tech-free family day
 - Share a positive online experience
 - Discuss and create a plan for online threats
 - Make a skit about oversharing
 - Have 10 minutes bonus online time together
 - Get offline - invite someone to dinner
- Celebrate! Choose your next Monthly Mission

