

INTERNET RULES



To have the privilege of being online, we agree:

Our password will be kept secret

We won't share our passwords (even with best friends). We will also regularly check our privacy settings.

We will be careful what we post

We will T.H.I.N.K before we post. We will not post anything online that is inappropriate - e.g. nudity, bullying. We will respect other people and ask their permission before posting.

Protecting ourselves

We won't participate on sites that allow anonymous posting or comments. We know that everything we see online may not be true. I will not connect with strangers online.

Being honest and open

We will chat honestly about our internet usage when asked. We will let our parents know if we see anything that makes us feel uncomfortable or is inappropriate.

I will always follow my parent's rules, including about timelimits.

Signed: _____

Date _____

Our privacy settings will be tight

Only friends will be able to access our online content, like videos, posts and pictures. We won't 'friend' a stranger.

Before posting something online

I will THINK:

T - Is it true?

H - Is it helpful?

I - Is it inspiring?

N - Is it necessary?

K - Is it kind?

**Everything we post stays forever.
Only post if you are comfortable with
future employers seeing it.**

Keeping private

We will not share our personal information and our location online.

Getting permission first

We will ask parent permission before downloading, installing, or buying anything or joining social media or other sites.

**Each night, all digital devices
will be returned to _____**

**Screen time will be limited to
_____ minutes per day.**