



EMPATHY

CHALLENGE: How many questions can you answer!

What are some thoughtless things you have noticed people doing?

What are some thoughtful things you have noticed people doing?

Would you consider yourself a kind person? Why/Why not?

Who inspires you with how thoughtful they are?

Do you find it hard to imagine other people's lives?

What is a situation you feel empathy for?

What is a really kind thing someone did for you when life was hard?

How could you care for someone who might be facing challenges?