



GETTING ON WITH IT

CHALLENGE: How many questions can you answer!

What is your least favourite chore?

Have you got any ideas for making boring tasks fun?

Do you think you have any unhealthy habits? What are they?

Describe a life where everyone ditches the boring tasks!

What is a task you wish that you had more motivation in?

What do you think when other's have unhygienic habits?

How could you reward yourself for getting on with tasks you don't like?

Have you got any goals you want to get on with? How can you stay on task?